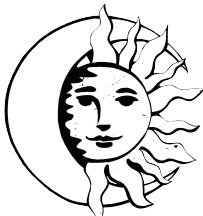


# AQUARIAN EVENTS

## MARCH 2018

BOOKSHOP  
(804) 353-5575  
3519 ELLWOOD AVENUE  
RICHMOND, VA  
AQUARIANBOOKSHOP.COM



CRYSTAL GALLERY  
(804) 257-5575  
3531 ELLWOOD AVENUE  
RICHMOND, VA  
AQUARIANCRYSTALGALLERY.COM

OPEN 11AM-7PM MONDAY THROUGH FRIDAY,  
10AM-7PM ON SATURDAY & 12-6PM ON SUNDAY.

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See our website for more information on classes and events. Call the Crystal Gallery to register.  
[AB] = Aquarian Bookshop [CG] = Crystal Gallery

**HOW TO MEDITATE DEEPLY: BASICS & CREATIVE VISUALIZATION** | Three Tuesdays: Mar 6, 13, 20 | 7-9:30 pm [CG] Learn foundational wisdom and tips from an experienced practitioner. Part 1 in this series will show you step-by-step how to bring your mind to peace. Learn simple techniques to help reduce anxiety and stress. Facilitated by Nick. \$30 per class; \$77 for series.

**PROTECTION MAGICK** | Friday, Mar 9 | 7-9 pm [CG] In this class you will learn techniques for creating powerful protection magick with crystals. Nick will teach you how to use protection grids and talismans, and effective mantras for protection. Bring black tourmaline, black obsidian, and jet if you have some. \$30.

**FREE REIKI & CHAKRA BALANCING** | Saturday, Mar 10 | 12-3pm [AB] Stop in for a FREE reiki and chakra balancing session. Release stress, remove blockages, and raise your Chi/Power. Reiki energy helps mind, body, and Spirit and leaves you feeling relaxed, refreshed, revitalized! Facilitated by Reiki Master and Spiritual Wellness Coach, JR Adams. *Walk-Ins only.*

**AQUARIAN HOUSE OF ASTROLOGY** | Sunday, Mar 11 | 6-8 pm [CG] New and experienced students of Astrology are invited to attend the monthly meetings of the Aquarian House of Astrology. Come learn a new topic and share your love of Astrology with others in RVA! \$20.

**CRYSTAL & VIBRATIONAL HEALING** | Monday, Mar 12 | 7-9 pm [CG] This is an experiential workshop in which Nick will place a healing crystal layout on your body. You will receive a gong and singing bowl sound bath and be rejuvenated and restored to your natural state. Your chakras will also be aligned and activated. \$30.

**HOW TO MEDITATE DEEPLY: MINDFUL MEDITATION** | Three Tuesdays: Mar 13, 20 | 7-9:30 pm [CG] Part 2 in this series teaches you how to become more focused and aware. Learn quick mediation techniques you can do daily. Discover the best type of meditation that suits you. Facilitated by Nick. \$30 per class; \$77 for series.

**SPRING CLEANSING: CLEARING THE CHAKRAS** | Thursday, Mar 15 | 7-8:30 pm [AB] Already setting the intention for spring cleaning? But what about the congested energy and debris that settled in our chakras (energy system) and body over the past year? This session will focus on using meditations and shared techniques that help utilize the energy of the spring equinox to assist with energetic cleansing, bring balance, rejuvenation and bring forth the 'new' through the chakras. Facilitated by Tibetan Reiki Master, Chakra Coach JR Adams. \$25 registered; \$30 at the door.

**GET THAT MONEY HONEY!** | Sunday, Mar 18 | 6-7 pm [AB] Brandon will teach you the basics of creating your own Magical Honey Pot for drawing in cash and business opportunities. Learn how to sweeten any situation that life throws at you. Supplies included! \$30.

**HOW TO MEDITATE DEEPLY: CHAKRA ACTIVATION** | Tuesday, Mar 20 | 7-9:30 pm [CG] Part 3 of this series focuses on mastering the spiritual energy centers in your body. Learn how to clear blockages in the spiritual body and circulate energy to align your chakras. Facilitated by Nick. \$30 for class; \$77 for series.

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## THE AQUARIAN SOCIETY OF AWAKENING SOULS

JOIN US ON SUNDAYS AS NICK LEADS A GUIDED MEDITATION AND AN OPEN GROUP DISCUSSION.

NOON-1 PM | \$5, \$10 OR \$20 DONATION | CHECK SCHEDULE & REGISTER ONLINE AT [AQUARIANBOOKSHOP.COM](http://AQUARIANBOOKSHOP.COM)

**ESSENTIAL OILS: THE MAGICAL & PRACTICAL USES IN SPRING CLEANING | Thursday, Mar 22 | 7-8:30 pm [AB]** Spring is such a magical time of year and cleaning can be just as magical! Come join the fun as JR shares how to bring the Earth's magic of Essential Oils to the time honored tradition; spring cleaning of the hearth and home. Learn which essential oils are ideal for magically cleaning during the spring equinox and recipes for their use. We will even make some to take home! Facilitated by Essential Oils Specialist, JR Adams. *\$30 registered, \$35 at the door.*

**FREE REIKI & CHAKRA BALANCING | Friday, Mar 23 | 4-7 pm [AB]** Stop in for a FREE reiki and chakra balancing session. Release stress, remove blockages, and raise your Chi/Power. Reiki energy helps mind, body, and Spirit and leaves you feeling relaxed, refreshed, revitalized! Facilitated by Reiki Master and Spiritual Wellness Coach, JR Adams. *Walk-Ins only.*

**EMPOWERED BY LOVE | Monday, Mar 26 | 7-8:30 pm [CG]** This class will cover various topics about the vibration of Love, Self-Love, how it is used to empower yourself, and how loving yourself is the first step to loving anything and anyone else. Unlock a deeper bond with who you are as we journey the circle as a group. Collectively, we will find what exactly it means to love yourself, and how to take conscious steps in the right direction to do so. Facilitated by Timothy. *\$18.*

**REIKI LEVEL 1 CERTIFICATION: A 7 HOUR CEU COURSE | Saturday, Mar 31 | 9 am-5 pm [CG]** Reiki is a gentle yet highly effective ancient energy healing technique originating in Tibet & fostered by Mikao Usui in Japan. It has gained great popularity in recent years & has been used in hospital settings. Learn the history of practicing Reiki and how it is channeled; Chakras and their function; the power symbol and its attributes; Reiki hand positions; techniques for expanding extra-sensory perceptions and much more. Designed for Massage Therapists but open to the general public. Receive Reiki Level 1 Certificate, NCBTMB approved 7 CEUs. Facilitated by Carol Quigless. *\$189 registered by Mar 29; \$215 after.*

**FULL MOON SHAMANIC JOURNEY | Saturday, Mar 31 | 7-9pm [CG]** This will be an experiential workshop in which you will be precisely guided into the process of the shamanic journey. You will learn to recall important aspects of your "other-worldly" experience and be assisted in integrating the experience for use in the real world. Potential benefits include connecting with a spirit animal or Ancestral Guide, receiving spiritual messages, spontaneous healing of an emotional problem, and others. Facilitated by Nick. *\$30.*

# MOVING SALE

## 15% OFF ENTIRE STORE

ONLY AT THE CRYSTAL GALLERY

## REIKI LEVEL I CERTIFICATION

MAR 31 | 9AM-5PM



7 CEU hours for Massage Therapists  
Taught by Carol Quigless, RMT  
owner of MEDessential Oils

## DRESSED CANDLES FOR EVERY INTENTION

CANDLES ARE PREPARED DAILY BY OUR APOTHECARY.

LET THE FLAMES OF INTENTION BURN TO  
MANIFEST YOUR DESIRE.

