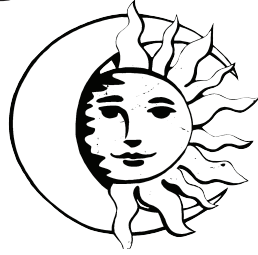


AQUARIAN EVENTS

JANUARY 2020

2512 W. MAIN STREET
804.353.5575



12 S. THOMPSON STREET
804.354.5501

OPEN 11AM-7PM SUNDAY-FRIDAY, 10AM-7PM SATURDAY

PLEASE VISIT AQUARIANBOOKSHOP.COM FOR MORE INFORMATION ON CLASSES & EVENTS
CALL 804.354.5501 TO REGISTER | CLASSES HELD AT 12 S. THOMPSON (UNLESS NOTED OTHERWISE)

12TH ANNUAL CONE PARADE | Wednesday, Jan 1 | 12 pm | Join the Aquarian and Ellwood Thompson's for a bit of prosperity magic for the New Year! In sacred geometry, cones are a powerful symbol of bringing forth and focusing energy. (Besides, it's just fun!) Meet at Ellwood Thompson's parking lot by 12 pm with your cone ready to march! Parade route proceeds down Cary St. to Boulevard, and back. *Sign up and find out more at cone parade.com.*

ANCIENT GREEK PERFORMANCE & PRESENTATION | Saturday, Jan 4 | 7-8:30 pm | The musical presentation creates an innovative, interactive musical journey using mythological narration and fifteen hand-crafted wind and string instruments. Yannis is a composer and instrument artisan from Santorini, Greece. Prepare to be amazed, inspired, and entertained! Venue will be in the RVA Arts District. Location given upon registration. \$15.

SACRED CACAO CEREMONY | Sunday, Jan 5 | 3-5 pm | Cacao is the plant from which chocolate is made and is a sacred plant medicine in many indigenous cultures. Come experience the ecstatic and heart-opening effects of a cacao ceremony. Cacao contains ingredients that activate the "feel-good" receptors in the brain. Celebrate, chant, dance, meditate, release, and be led in a powerful breathwork to raise your vibration! Cacao provided. Led by Nick. \$35.

TAROT FOR BEGINNERS | Four Tuesdays: Jan 7, 14, 21, 28 | 7-9 pm | Come and explore the magical art of the Tarot! Join Susan Hughes, Aquarian's Master Astrologer & Tarot Intuitive in this beginner's class that introduces the basic fundamentals of Tarot: the meaning of the major and minor arcana cards and how to interpret through basic spreads. It's a fun, hands on, and experiential class that prepares you to read the tarot with meaning and accuracy! Rider Waite or Universal Waite cards required. Handouts included. *Please register by January 6.* \$99.

JOHN J OLIVER PRESENTS: PSYCHIC DREAMING | Four Wednesdays: Jan 8, 15, 22, 29 | 7:30-9:30 pm | In this 4-week class, John uses his extensive dream interpretation knowledge to teach you how to recognize important messages and symbols, how to develop Shamanic dreaming techniques, how to create dream journal grids for easier insight, techniques for lucid dreaming and answers the question, "What did that dream mean last night?" \$126 if registered by Jan 7; \$153 after.

SHAMANIC JOURNEY FOR THE LUNAR ECLIPSE | Thursday, Jan 9 | 7-9 pm | An experiential workshop in which you will be precisely guided in the process of the shamanic journey. You will learn to recall important aspects of your "other-worldly" experience and be assisted in integrating the experience for use in the real world. Potential benefits include connecting with a spirit animal or Ancestral Guide, receiving spiritual messages, spontaneous healing of an emotional problem, and others. Facilitated by Nick. \$30.

FREE REIKI & CHAKRA BALANCING | Saturday, Jan 11 | 12-3 pm | Stop in for a FREE Chakra Balancing & Reiki Healing. Release stress, remove blockages, and raise your Chi/Power. Reiki energy helps mind, body, and Spirit and leaves you feeling relaxed, refreshed, revitalized! Facilitated by Reiki Master and Spiritual Wellness Coach, JR Adams. *Walk-ins only. Thompson St. location.*

REIKI LEVEL 2 CERTIFICATION: 7 CEUs FOR MTs | Sunday, Jan 12 | 9 am-5 pm | Reiki Level 2 of the Usui Lineage is the practitioner or professional level. In this expansion of Reiki Level 1, you will learn hand positions and practice a full body Reiki Treatment. Techniques may be used for emotional healing, pain reduction, energy balance and more. 7 CEUs/NCMTMB approved for MTs (Also open to the general public). Taught by Reiki Master-Teacher Carol Quigless. \$239 when registered by Jan 10, 2020; \$275 after.

PROSPERITY CANDLES | Thursday, Jan 16 | 7:15-8:45 pm | January is the time to reset your path and manifest new beginnings. Set your intentions for this new season with a Prosperity candle! In this class you will carve, anoint, and glitter your own candle to draw in success and prosperity for the coming year. Learn when to light your candles to harness astrological energy and make your intentions burn bright. All materials provided. Facilitated by Grace. \$30. *Main St. location.*

MY PERSONAL FACELIFT CLASS | Saturday, Jan 18 | 1-4 pm | Reverse the appearance of aging and de-stress yourself! Aging is partly the result of accumulated toxins in the body. The Energetic Facelift is a light touch, non-medicinal, 15-30 min session that uses energy balancing and crystals to ease the lines of stress and soften the influence of aging. Youthful radiance can be restored without surgery, injections, creams or pills. Class Instructor: JR Adams, RMT, RScP. \$69.95 pre-registered by 10/24; \$125 after (\$35 non-refundable deposit required at registration.)

HOW TO MEDITATE DEEPLY | Sunday, Jan 19 | 11 am-7 pm | In this all day workshop, you will learn foundational techniques to take your practice to the next level (or get started). Discover various meditation practices including mindfulness, creative visualization, chakra balancing, and pranayama. Learn 5 keys that can unlock the door to going deeper faster and simple techniques to bring the mind back to center and reduce stress and anxiety. This workshop is for beginners and experienced meditators alike. There will be a lunch break. Instructor: Nick Lasky. \$108.

FREE REIKI & CHAKRA BALANCING | Friday, Jan 24 | 4-7 pm | Stop in for a FREE Chakra Balancing & Reiki Healing. Release stress, remove blockages, and raise your Chi/Power. Reiki energy helps mind, body, and Spirit and leaves you feeling relaxed, refreshed, revitalized! Facilitated by Reiki Master and Spiritual Wellness Coach, JR Adams. *Walk-ins only. Main St. location.*

NEW MOON CACAO CEREMONY | Friday, Jan 24 | 6-8 pm | Cacao is the plant from which chocolate is made and is a sacred plant medicine in many indigenous cultures. Come experience the ecstatic and heart-opening effects of a cacao ceremony. Cacao contains ingredients that activate the "feel-good" receptors in the brain. Celebrate, chant, dance, meditate, release, and heal with beloved members of our community. Facilitated by Nick. \$35.

REIKI LEVEL 1 CERTIFICATION | Saturday, Jan 25 | 10 am-6 pm | Reiki accelerates the body's natural healing system. It balances the mind & body, calms emotions and stimulates spiritual equilibrium. In this workshop you will learn the history of Reiki, how to scan & detect imbalances, realign the chakras, assist the body in releasing toxins and so much more! Facilitated by Usui and Tibetan Reiki Master Teacher JR Adams, RMT, RScP. \$198 if registered by Jan 23; \$252 after. (\$55 non-refundable deposit required upon registration.)

JOHN J OLIVER PRESENTS: PSYCHIC & METAPHYSICAL STRATEGIES FOR 2020 | Sunday, Jan 26 | 7:30-9:30 pm | Join John J. Oliver to learn techniques for how to work with the energies of 2020! John will discuss best Feng Shui practices and important astrological dates to work with (or around). He will also be providing psychic answers to your questions! Let's get together and make 2020 an awesome year! \$45.

CRYSTAL & VIBRATIONAL HEALING | Monday, Jan 27 | 7-9 pm | This is an experiential workshop in which Nick will place a healing crystal layout on your body. You will receive a gong and singing bowl sound bath and be rejuvenated and restored to your natural state. Your chakras will also be aligned and activated. \$30.

**SECOND LOCATION
NOW OPEN!**

**12 S THOMPSON ST
CARYTOWN**



THE AQUARIAN SOCIETY OF AWAKENING SOULS

JOIN US ON SUNDAYS AS NICK LEADS A GUIDED MEDITATION AND AN OPEN GROUP DISCUSSION.

12-1 PM | \$5, \$10 OR \$20 DONATION | CHECK SCHEDULE & REGISTER ONLINE AT AQUARIANBOOKSHOP.COM