AQUARIAN EVENTS —FEBRUARY 2020—

2512 W. MAIN STREET 804.353.5575



12 S. THOMPSON STREET 804.354.5501

OPEN 11AM-7PM SUNDAY-FRIDAY, 10AM-7PM SATURDAY

Please visit AQUARIANBOOKSHOP.COM for more information on classes & events Call 804.354.5501 to register | Classes held at 12 S. Thompson (unless noted otherwise)

CRYSTALS FOR BEGINNERS | Sunday, Feb 2 | 7-9 pm | A jump start into the world of crystals, minerals, and stones. Learn basic principles to help understand how crystals can be used to attract anything from money, to love, to inner peace. Tune in and let's recalibrate! Facilitated by Timothy. \$22.

SHAMANIC JOURNEY | Thursday, Feb 6 | 7-9 pm | An experiential workshop in which Nick will precisely guide you in the process of the shamanic journey. You will learn to recall important aspects of your "other-worldly" experience and be assisted in integrating the experience for use in the real world. Potential benefits include connecting with a spirit animal or Ancestral Guide, receiving spiritual messages, spontaneous emotional healing, and others. \$30.

LOVE DRAWING PERFUME OILS | Friday, Feb 7 | 7:15-8:15 pm | Love is in the air! Learn what scents can be used to draw in true love, seduce a lover, or find yourself a flirty friend. In this class, you will learn the dos and don'ts of wearing essential and fragrance oils and how to blend your own personal scent. Take home a sample of your blend! Facilitated by Grace. \$30. **Main St. location.**

FREE REIKI & CHAKRA BALANCING | Saturday, Feb 8 | 12-3 pm | Stop in for a FREE Chakra Balancing & Reiki Healing. Release stress, remove blockages, and raise your Chi/Power. Reiki energy helps mind, body, and Spirit and leaves you feeling relaxed, refreshed, revitalized! Facilitated by Reiki Master and Spiritual Wellness Coach, JR Adams. *Walk-ins only.* **Thompson St. location.**

CHAKRA CRYSTALS 101 | Saturday, Feb 8 | 3-4:30 pm | Learn about crystals for the chakras! Discover how to repair your auric field and how to grid your living space with crystals. You will learn how to incorporate crystals into meditation and yogic techniques to help realign and balance your chakras. You will finish with a guided relaxation for the chakras with a meditation. Facilitated by Sylvia Durga Nofsinger. \$25.

SUPER S.A.S. SUNDAY! SOCIETY OF AWAKENING SOULS FESTIVAL | Sunday, Feb 9 | 12-7 pm | The Aquarian Society of Awakening Souls will be hosting an all-day mini festival. Every hour on the hour there will be a different program/activity being offered. These will include 2 guided meditations, a sound bath, a cacao ceremony, and more! Each event is *donation based*. Proceeds go to Society of Awakening Souls. *Call to reserve spot for Cacao Ceremony.*

COUPLE'S WIRE WRAPPING | Tuesday, Feb 11 | 7-9 pm | What better way to spend Valentine's Day than learning how to wrap crystals with your beloved? We will be doing a beginner level wire wrap on rose quartz to gift to your valentine. No experience required. Materials included. Facilitated by Timothy. \$30.

ATTAINING PEACE, POWER & PROSPERITY WITH KUAN YIN | Wednesday, Feb 12 | 6:30-8 pm | In this group session, we'll be embracing the gifts of the Pure Peace, Power and Prosperity, through working with the Bodhisattva Kuan Yin. She has promised to assists us in personal healing, enlightenment and accessing our full spiritual potential. Past participants say her energy is beautiful, nurturing and soothing. Share mantras, guided meditation and her energetic healing rays. Facilitated by Usui Tibetan Reiki Master JR Adams. \$25 preregistered; \$30 at the door.

ENERGETIC DAY SPA | Saturday, Feb 15 | 11-6 pm | Aging is partly the result of accumulated toxins in the body. The Energetic Facelift is a light-touch, non-medicinal session that uses energy tapping, balancing and crystals to ease the lines of stress and soften the influence of aging, and in time restoring that youthful, healthy radiance. Don't want a facelift? Opt for a Deep Chakra Cleanse while relaxing into the scent of nature's harmonizing essential oils. Sessions include a personal Energetic Aroma balancing blend to take home. Administered by Reiki Master and Chakra Coach JR Adams. \$45/30min or \$75/60min.

ADVANCED TAROT: EXPLORING CARD COMBINATIONS | Tuesday, Feb 18 | 7-9 pm | Let's take a deeper look into reading the Tarot by investigating how the different cards work together and how card combinations tell a story. Using Tarot Card combinations allows you to gain greater insight in your readings and enhances your skills to confidently interpret the Tarot. Bring your cards and questions in this experiential class with Susan Hughes, Aquarian's Tarot Intuitive and Master Astrologer. *Please register by Monday, Feb 17. \$25.*

SHAMANIC REIKI LEVELS 1 & 2 CERTIFICATION | Friday, Feb 21 (6-9pm), Feb 22 & 23 (9:30-6pm) | Shamanic Reiki blends the timeless wisdom of two ancient healing traditions with new approaches and practical teachings. Receive the Reiki Level 1 and 2 attunements to activate and empower your innate ability to heal. Explore Shamanic methods to open to the healing forces of the earth and the elements, access alternate realities beyond time and space, release energetic blocks through Shamanic journeys and with flowers and so much more! Please visit aquarianbookshop.com for info on required and supplemental books for this course and further details. Led by Shaman Rob Murphy. \$475.

INTERPRETING SIGNS & SYMBOLS FROM SPIRIT | Wednesday, Feb 26 | 7-9 pm | The Universe is always speaking to you and takes great delight in sending you messages. This class will teach you how to listen to and understand the signs that spirit is trying to communicate to you. You will learn techniques to enhance your intuitive abilities, gain greater insight into the magic in life situations and come one step closer to a relationship with your spirit guides and higher self. Taught by Susan Hughes. *Please register by Tuesday, Feb 25.* \$25.

CACAO CEREMONY | Thursday, Feb 27 | 7-9 pm | Cacao is the plant from which chocolate is made and is a sacred plant medicine in many indigenous cultures. Come experience the ecstatic and heart-opening effects of a cacao ceremony. Cacao contains ingredients that activate the "feel-good" receptors in the brain. Celebrate, chant, dance, meditate, release, and heal with beloved members of our community. Facilitated by Nick. \$35.

FREE REIKI & CHAKRA BALANCING | Friday, Feb 28 | 4-7 pm | Stop in for a FREE Chakra Balancing & Reiki Healing. Release stress, remove blockages, and raise your Chi/Power. Reiki energy helps mind, body, and Spirit and leaves you feeling relaxed, refreshed, revitalized! Facilitated by Reiki Master and Spiritual Wellness Coach, JR Adams. *Walk-ins only.* **Main St. location.**

HOW TO MEDITATE DEEPLY | Saturday, Feb 29 | 11 am-7 pm | In this all-day workshop, you will learn foundational techniques to take your practice to the next level (or get started). Discover various meditation practices including mindfulness, creative visualization, chakra balancing, and pranayama. Learn 5 keys that can unlock the door to going deeper faster and simple techniques to bring the mind back to center and reduce stress and anxiety. This workshop is for beginners and experienced meditators alike. There will be a lunch break. Instructor: Nick Lasky. \$108.



SUPER SAS SUNDAY!

SOCIETY OF AWAKENING SOULS FESTIVAL FEB 9 | 12-7PM

CACAO CEREMONY - GUIDED MEDITATION - SOUND BATH - AND MORE!

THE AQUARIAN SOCIETY OF AWAKENING SOULS

Join us on SUNDAYS as Nick Leads a guided meditation and an open group discussion. 12-1 pm | \$5, \$10 or \$20 donation | Check schedule & register online at Aquarianbookshop.com